



RTHK
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LIVE

Bipolar Express

PODCASTS

簡介

GIST

"Highly commended" in the Association for International Broadcasting awards, 2015

The Bipolar Express is a 30-minute roller coaster ride through the euphoric highs and debilitating lows of the bipolar mind. Produced and presented by Sadie Kaye (Radio 3's "Miss Adventure"), the documentary gives an enlightening account of the perks and the pitfalls of living with bipolar disorder.

Featuring interviews with bipolar comics Ruben M Tuck and Josh Walters, and Hong Kong ballerina Kiki Wong, as well as Hong Kong's leading expert on bipolar disorder, Dr. Barry Connell, this quirkily styled production was made with a serious mission in mind: to fight the stigma and stereotypes attached to mental illness in Hong Kong and to spread awareness of a condition most people know little or nothing about, and yet is believed to affect as many as one in fifteen of us.

For information on bipolar support groups in Hong Kong and a wealth of articles written by others who have the condition, visit

Sadie's blog - <http://bipolarhk.com>.

The Bi-Polar Express airs this Sunday at 8:30, on Radio 3



29°C

86%



SOCIAL



CONTACT



APPS



PODCAST ONE

RTHK Everywhere
港台節目，無處不在



社區參與廣播服務
COMMUNITY INVOLVEMENT
BROADCASTING SERVICE

Audio Description
聽出好戲

AWARDS



FINE MUSIC
美樂集

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AWARDS:

